

TEAM LEADERSHIP SELF EVALUATION

Using a scale from one to five rate yourself on the following 24 questions.

1 = Strongly Disagree, 2 = Disagree, 3 = Undecided, 4 = Agree, 5 = Strongly Agree

	SD	D	U	A	SA
Commitment					
1. I am one of the hardest workers on the team	1	2	3	4	5
2. I care passionately about the team's success	1	2	3	4	5
3. I am a competitive person who wants to win	1	2	3	4	5
Confidence					
4. I believe in myself as a person and my ability to lead	1	2	3	4	5
5. I want to perform in pressure situations	1	2	3	4	5
6. I bounce back quickly following mistakes and errors	1	2	3	4	5
Composure					
7. I stay calm and composed in pressure situations	1	2	3	4	5
8. I stay focused when faced with distractions, obstacles, and adversity	1	2	3	4	5
9. I keep my anger and frustration under control	1	2	3	4	5
Character					
10. I consistently do the right thing on and off-the court/field	1	2	3	4	5
11. I am honest and trustworthy	1	2	3	4	5
12. I treat my teammates, coaches, and others with respect	1	2	3	4	5

LEADER BY EXAMPLE TOTAL (add questions 1-12)

Encourager—Servant

13. I reach out to teammates when they need help	1	2	3	4	5
14. I take the time to listen to my teammates	1	2	3	4	5

Encourager—Confidence Builder

15. I regularly encourage my teammates to do their best	1	2	3	4	5
16. I regularly compliment my teammates when they succeed	1	2	3	4	5

Encourager—Refocuser

17. I communicate optimism and hope when the team is struggling	1	2	3	4	5
18. I know what to say to my teammates when they are struggling	1	2	3	4	5

Encourager—Team Builder

19. I have developed an effective relationship with each of my teammates	1	2	3	4	5
20. I am a team player who seeks to unify the team	1	2	3	4	5

Enforcer

21. I hold my teammates accountable for following team rules/standards ..	1	2	3	4	5
22. I constructively confront my teammates when necessary	1	2	3	4	5
23. I am willing to address and minimize conflicts between teammates	1	2	3	4	5
24. I am firm, fair, and direct when dealing with conflicts and problems	1	2	3	4	5

VOCAL LEADER TOTAL (add questions 1-24)